

What Should I Bring to Camp?

Dorm Information:

The dorm we use is air conditioned (no need for a fan) and each room has a refrigerator. There are no linens, towels, blankets, pillows provided. The bathrooms are in a common area on each floor and each bathroom unit contains a toilet, sink, shower unit and can be locked (similar to a bathroom at home or in a hotel)

We recommend you bring a sheet to place on the mattress then use a sleeping bag on top of that. The beds are sealed in a plastic coating to prevent bed bugs. You must also provide your own pillow. The following is a list of what to bring:

- Towels (for use in the shower and at the pool in the Rec Center)
- Blanket or sleeping bag
- Sheet(s)
- Pillow
- Soap, shampoo and toiletries

Each participant will be given a swipe card for their room. We will provide a lanyard so the card can be hung around the neck and not be lost.

You are allowed to bring drinks and snacks with you but we recommend not bringing too many. The days may be hot and it is important they drink a lot of fluids (preferably water or sports drinks) and limit the intake of unhealthy foods. Also, the more they have in their room, the more people will hang around wanting to eat their food.

Each evening, they will have the chance to order Gatorade and pizza by the slice. This comes out of their camp bank account.

Camp Bank:

Campers are encouraged to check spending money into the camp bank. You will do this at the time of registration. Checks and cash are accepted. From your bank account you can buy snacks, tape, drinks and get your skates sharpened. Also rock climbing and other activities at the Recreation and Wellness Center will be taken out of the camp bank. Campers will be informed by the middle of the week the week of their balance. Parents will receive the balance remaining in the account at the end of the week. There will be a \$3.50 service charge for the camp bank which will be deducted from your beginning balance.

The main question we get asked is How much should I leave in the account? The average amount spent during the week is around \$40. We do not recommend putting more than \$75 in the account.

Clothing

The following is a recommended list of what clothes (non-hockey equipment) to bring to camp:

- Socks, underwear and t shirts for the number of days they will be at camp
- Running shoes
- Slippers and/or flip flops to wear in the dorm and bathrooms
- Sweat shirt (the dorm is air conditioned and sometimes the weather can be cool outside)
- Pajamas or sweat pants to wear at night
- Shorts (one pair for each day)
- At least one pair of long pants in case the weather is cooler than normal
- A light jacket (if it is cool in the evening)
- Swim Suit

There is a washer and dryer in the dorm that can be used in an emergency situation. the Dorm Director would be the one responsible for overseeing this.

Electronic Devices and Cell Phones:

Campers are allowed to have cell phones but they must keep them in the dorm room at all times. They are only allowed to use them in the evening when the group returns to the dorm.

We would prefer the campers not have a cell phone. If they do not have one, they can use one of the Dorm Director's starting on the second evening of camp (normally Tuesday evening) to call home.

Small electronic devices such as an iPod, MP3 players etc... are allowed but they must be left in the room during the day. Other devices such as Laptops, TV's, refrigerators (they are already in the room), gaming consoles are not allowed. The Kent Hockey Schools is not responsible for any devices that are stolen or misplaced while at camp.

Because this is a camp which involves a lot of social interaction we would prefer the campers have as few devices as possible. However, we do realize that some devices are helpful in young people being able to fall asleep and this is the routine they are used to at bed time.